

CARDIO TENNIS CLASSES

Drumlins Tennis Club, 800 Nottingham Road, Syracuse 13224
446-2323, www.drumlins.com

Fast-paced tennis drills
incorporated into a
high energy cardio workout!

MONDAYS 7- 8 PM

Class size limited to 8 participants.
Minimum class size is 4.

Advance Sign Up is Required

\$12 Non-Members

\$10 Members

\$8 with Unlimited Time

BE PREPARED TO GET ENERGIZED!

For more information, go to
CardioTennis.com