

WEDNESDAY NIGHT MEN'S DRILLS



7-8:30 PM



LEVEL 3.5-4.5

24 HOUR REGISTRATION REQUIRED

PROGRAM COST:

\$18.00, Unlimited Members \$12.00



TRAIN WITH HEAD PRO BRET BOWERS

&

Bring a Friend!



EXCITING DRILLS



POINT PLAY



MATCH PLAY



SINGLES/DOUBLES STRATEGY



CARDIO

REGISTRATION CALL (315) 446 - 2323